

a modern prayer

Our Dear One
Who exists in all Dimensions

Sacred be Your Name
and Sacred be our Awareness
of Your Wonderful Presence

May a time come
with fairness and kindness for all
here on Your small Earth
as You have shown us in the lives and actions
of Your Prophets, Poets, and Saints

May all death and destruction
come from You and only from You

For death and destruction by the causes and chance
of the natural world and of our own natural selves
is sacred and a part of our existence in You

But planned death and destruction of humans by humans
destroys our common spirit and moves us away from You
and all we are meant to be

Give us on this day
the sustenance and care we need to thrive

Forgive us this day
our selfishness and our greed
and forgive us our willful unintelligence
and our failure to notice the truth
which always surrounds us

Teach us to see and to forgive ourselves
and in doing so, to be able to see and to forgive
all others

Forgive us our debts and our wasted time
as we forgive the debts and the wasted time of others

Help us not be self absorbed
and blind to the needs of others

But deliver us from hate, from anger
and from indifference

Help us always see the Other as You
As our own Hearts and Souls
As Divine in your Creation

Oh wonderful One
may our thoughts and our actions
create Peace and Justice

And may the Light we share
always lead us to Kindness

Forever and forever

Amen

Thomaston Maine January 29

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a prayer I needed because I cannot say "Our Father"

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